## IOWA PRENATAL CARE BARRIERS PROJECT DATA FROM 2016 SURVEYS

2016 Respondents from All Hospitals in Iowa: 21,928 2016 Respondents with Babies Born in **Buena Vista County: 235** 

Demographic Indicators	State	County
Mother's Age		
Less than 18 years	01%	02%
18-19 years	03%	05%
20-25 years	26%	37%
26-30 years	36%	35%
31-35 years	25%	17%
More than 35 years	08%	06%
Mother's Ethnicity		
Hispanic	07%	37%
Non-Hispanic	93%	63%
Black	05%	04%
White	91%	80%
Asian or Pacific Islander	03%	14%
American Indian or Native Alaskan	01%	02%
Socioeconomic Indicators	State	County
Mother's Education		
Less than high school	07%	18%
High school	20%	23%
Some college	34%	33%
College graduate (Bachelor's degree)	27%	19%
Graduate school	11%	07%
Household Income		
Less than \$10,000	12%	13%
\$10,000 - \$19,999	09%	13%
\$20,000 - \$29,999	09%	16%
\$30,000 - \$39,999	09%	16%
\$40,000 - \$49,999	08%	07%
\$50,000 or more	53%	35%
750,000 or more	5570	3370

Doctor, Nurse, or Other Health Care Provider Talked About: Taking folic acid or a multivitamin Smoking Smoking Smoking Simoking Simoking alcohol 131% 30% Your weight 29% 34% Regular exercise 132% 32% How romantic relationships affect your health Did not see a doctor, nurse, or other health care professional for a check-up in the 12 months prior to becoming pregnant    Did not see a doctor, nurse, or other health care professional for a check-up in the 12 months prior to becoming pregnant    Did not see a doctor, nurse, or other health care professional for a check-up in the 12 months prior to becoming pregnant    Did not see a doctor, nurse, or other health care professional for a check-up in the 12 months prior to becoming pregnant    Did not see a doctor, nurse, or other health care professional for a check-up in the 12 months prior to becoming pregnant	Information Received in 12 Months Prior to Becoming Pregnant	State	County
Smoking Orinking alcohol 31% 32% Orinking alcohol 31% 30% Your weight 29% 34% Regular exercise 32% 32% How romantic relationships affect your health 13% 14% Did not see a doctor, nurse, or other health care professional for a check-up in the 12 months prior to becoming pregnant	Doctor, Nurse, or Other Health Care Provider Talked About:		
Drinking alcohol         31%         30%           Your weight         29%         34%           Regular exercise         32%         32%           How romantic relationships affect your health         13%         14%           Did not see a doctor, nurse, or other health care professional for a check-up in the 12 months prior to becoming pregnant         31%         33%           Behavioral Indicators During Pregnancy         State         County           No Birth Control was Used at Time of Conception         87%         85%           Unintended Pregnancy and Did NOT Use Birth Control         70%         72%           Plan to return to work outside of home following birth of this baby         73%         69%           No         27%         31%           Does worksite have designated room/location (not counting bathroom stalls) for mothers to breastfeed or pump/express their breast milk         52%         38%           Yes         52%         38%         36%           Don't Know         18%         26%           Does worksite have written policy about breastfeeding?         21%         14%           Yes         21%         14%           No         28%         32%           Don't Know         51%         54%           Cigarettes Smoked During	Taking folic acid or a multivitamin	46%	42%
Your weight Regular exercise Regular exercise Row romantic relationships affect your health Did not see a doctor, nurse, or other health care professional for a check-up in the 12 months prior to becoming pregnant    Behavioral Indicators During Pregnancy			
Regular exercise 32% 32% How romantic relationships affect your health 13% 14% Did not see a doctor, nurse, or other health care professional for a check-up in the 12 months prior to becoming pregnant 33% in the 12 months prior to becoming pregnant 55% 55% 55% 55% 55% 55% 55% 55% 55% 55			30%
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Behavioral Indicators During Pregnancy No Birth Control was Used at Time of Conception 87% 85% Unintended Pregnancy and Did NOT Use Birth Control 70% 72% Plan to return to work outside of home following birth of this baby Yes 73% 69% No 27% 31%  Does worksite have designated room/location (not counting bathroom stalls) for mothers to breastfeed or pump/express their breast milk Yes 52% 38% No 30% 36% Don't Know 18% 26%  Does worksite have written policy about breastfeeding? Yes 21% 14% No 28% 32% Don't Know 51% 54%  Cigarettes Smoked During Last 3 Months of Pregnancy Not smoked in past 2 years 77% 86% Zero cigarettes per day 40% 25% 1-10 per day 40% 25% 1-20 per day 40% 25% 1-20 per day 40% 25% More than 20 per day 40% 25% More than 20 per day 40% 25% More than 20 per day 40% 25% Alcoholic Drinks During Last 3 Months of Pregnancy Not had any alcoholic drinks in past 2 years 28% 41% Zero drinks per week 98% 97% Zero drinks per week 98% 97% Adrinks per week 40% 61% 61%	·		
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Unintended Pregnancy and Did NOT Use Birth Control  Plan to return to work outside of home following birth of this baby Yes 73% 69% No 27% 31%  Does worksite have designated room/location (not counting bathroom stalls) for mothers to breastfeed or pump/express their breast milk Yes 52% 38% No 30% 36% Don't Know 18% 26%  Does worksite have written policy about breastfeeding? Yes 21% 14% No 28% 32% Don't Know 51% 54%  Cigarettes Smoked During Last 3 Months of Pregnancy Not smoked in past 2 years 77% 86% Zero cigarettes per day 55% 75% 1-10 per day 40% 25% 11-20 per day 05% <1% More than 20 per day 05% <1% More than 20 per day 01% <1%  Alcoholic Drinks During Last 3 Months of Pregnancy Not had any alcoholic drinks in past 2 years 28% 41% Zero drinks per week 98% 97% 1 drink per week 01% 01% 01% 2 drinks per week <10% 01% 01%	Behavioral Indicators During Pregnancy	State	County
Plan to return to work outside of home following birth of this baby           Yes         73%         69%           No         27%         31%           Does worksite have designated room/location (not counting bathroom stalls) for mothers to breastfeed or pump/express their breast milk           Yes         52%         38%           No         30%         36%           Don't Know         18%         26%           Does worksite have written policy about breastfeeding?           Yes         21%         14%           No         28%         32%           Don't Know         51%         54%           Cigarettes Smoked During Last 3 Months of Pregnancy           Not smoked in past 2 years         77%         86%           2ero cigarettes per day         55%         75%           1-10 per day         40%         25%           11-20 per day         40%         25%           11-20 per day         05%         <1%	No Birth Control was Used at Time of Conception	87%	85%
Yes         73%         69%           No         27%         31%           Does worksite have designated room/location (not counting bathroom stalls) for mothers to breastfeed or pump/express their breast milk           Yes         52%         38%           No         30%         36%           Don't Know         18%         26%           Does worksite have written policy about breastfeeding?           Yes         21%         14%           No         28%         32%           Don't Know         28%         32%           Don't Know         51%         54%           Cigarettes Smoked During Last 3 Months of Pregnancy           Not smoked in past 2 years         77%         86%           Zero cigarettes per day         55%         75%           1-10 per day         40%         25%           1-20 per day         05%         <1%	Unintended Pregnancy and Did NOT Use Birth Control	70%	72%
Yes         73%         69%           No         27%         31%           Does worksite have designated room/location (not counting bathroom stalls) for mothers to breastfeed or pump/express their breast milk           Yes         52%         38%           No         30%         36%           Don't Know         18%         26%           Does worksite have written policy about breastfeeding?           Yes         21%         14%           No         28%         32%           Don't Know         28%         32%           Don't Know         51%         54%           Cigarettes Smoked During Last 3 Months of Pregnancy           Not smoked in past 2 years         77%         86%           Zero cigarettes per day         55%         75%           1-10 per day         40%         25%           1-20 per day         05%         <1%	Plan to return to work outside of home following birth of this baby		
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stalls) for mothers to breastfeed or pump/express their breast milk         Yes       52%       38%         No       30%       36%         Don't Know       18%       26%         Does worksite have written policy about breastfeeding?         Yes       21%       14%         No       28%       32%         Don't Know       51%       54%         Cigarettes Smoked During Last 3 Months of Pregnancy         Not smoked in past 2 years       77%       86%         Zero cigarettes per day       55%       75%         1-10 per day       40%       25%         11-20 per day       05%       <1%			
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Don't Know         18%         26%           Does worksite have written policy about breastfeeding?           Yes         21%         14%           No         28%         32%           Don't Know         51%         54%           Cigarettes Smoked During Last 3 Months of Pregnancy           Not smoked in past 2 years         77%         86%           Zero cigarettes per day         55%         75%           1-10 per day         40%         25%           11-20 per day         05%         <1%			
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No       28%       32%         Don't Know       51%       54%         Cigarettes Smoked During Last 3 Months of Pregnancy         Not smoked in past 2 years       77%       86%         Zero cigarettes per day       55%       75%         1-10 per day       40%       25%         11-20 per day       05%       <1%	Does worksite have written policy about breastfeeding?		
Don't Know51%54%Cigarettes Smoked During Last 3 Months of PregnancyNot smoked in past 2 years77%86%Zero cigarettes per day55%75%1-10 per day40%25%11-20 per day05%<1%	Yes	21%	14%
Cigarettes Smoked During Last 3 Months of Pregnancy  Not smoked in past 2 years  Zero cigarettes per day  1-10 per day  11-20 per day  More than 20 per day  Alcoholic Drinks During Last 3 Months of Pregnancy  Not had any alcoholic drinks in past 2 years  Zero drinks per week  1 drink per week  2 drinks per week  1 drink per week  2 drinks per week  3 drinks per week  4 drinks per week	No	28%	32%
Not smoked in past 2 years       77%       86%         Zero cigarettes per day       55%       75%         1-10 per day       40%       25%         11-20 per day       05%       <1%	Don't Know	51%	54%
Not smoked in past 2 years       77%       86%         Zero cigarettes per day       55%       75%         1-10 per day       40%       25%         11-20 per day       05%       <1%	Cigarettes Smoked During Last 3 Months of Pregnancy		
Zero cigarettes per day       55%       75%         1-10 per day       40%       25%         11-20 per day       05%       <1%		77%	86%
1-10 per day       40%       25%         11-20 per day       05%       <1%	·	55%	75%
More than 20 per day  Alcoholic Drinks During Last 3 Months of Pregnancy  Not had any alcoholic drinks in past 2 years  Zero drinks per week  1 drink per week  2 drinks per week  3 drinks per week  4 1%  4 1%  4 1%  5 drinks per week  4 1%  5 drinks per week  5 drinks per week  5 drinks per week  6 drinks per week		40%	25%
Alcoholic Drinks During Last 3 Months of Pregnancy  Not had any alcoholic drinks in past 2 years  Zero drinks per week  1 drink per week  2 drinks per week  3 drinks per week  4 1%  4 1%  5 drinks per week  4 1%  5 drinks per week  5 drinks per week	·	05%	<1%
Not had any alcoholic drinks in past 2 years  Zero drinks per week  1 drink per week  28%  97%  1 drink per week  01%  01%  2 drinks per week  <1%  <1%	More than 20 per day	01%	<1%
Not had any alcoholic drinks in past 2 years  Zero drinks per week  1 drink per week  28%  97%  1 drink per week  01%  01%  2 drinks per week  <1%  <1%	Alcoholic Drinks During Last 3 Months of Pregnancy		
Zero drinks per week       98%       97%         1 drink per week       01%       01%         2 drinks per week       <1%	· · · · · · · · · · · · · · · · · · ·	28%	41%
1 drink per week       01%       01%         2 drinks per week       <1%	, ,		
2 drinks per week <1% <1%	·		
·	·	<1%	<1%
	3 or more drinks per week	<1%	01%

Prenatal Care	State	County
Mother received prenatal care as early in the pregnancy as wanted		
Yes	94%	89%
No	06%	09%
No prenatal care	01%	02%
Where mother went for most of prenatal care		
Private doctor's office or clinic	78%	62%
Midwife's office or home office from a midwife	07%	01%
Public clinic	15%	32%
Other	<1%	04%
HIV/AIDS Testing During Pregnancy		
Yes	48%	45%
No	26%	24%
No, Testing was offered, but did not want to be tested	03%	01%
Don't know	24%	30%
DOI! ( KNOW	2170	3070
Received Flu Shot During Pregnancy		
Yes	64%	75%
No, Received flu shot before became pregnant	07%	09%
No, Did not want flu shot during pregnancy	13%	04%
No, Doctor said to wait until after pregnancy	01%	01%
No, Do not ever get flu shots	14%	08%
No, Flu shot was not available	02%	03%
Hospital Services	State	County
Hospital Staff Encouraged Breastfeeding During First 24 Hours After Birth		
of the Baby		
Yes	86%	84%
No	12%	12%
Don't remember	02%	04%
During Pregnancy or Time at the Hospital, a Doctor, Nurse, or Other		
Healthcare Professional Provided Information or Scheduled a Time to		
Discuss:  Proportfooding or broadfooding techniques	020/	700/
Breastfeeding or breastfeeding techniques Action stops to decrease frustration when infant cries	83%	78%
Action steps to decrease frustration when infant cries	43%	50%
How to lay the baby down to sleep	56%	54%
Dangers of shaking an infant	41%	48%
Did not receive any information and have not scheduled a time to discuss	07%	09%

Technical Note: Because percentages were rounded, the sum of values may not equal 100%.

For more information: Call the University of Northern Iowa Center for Social & Behavioral Research: (319) 273-2105. Data source: Iowa Barriers to Prenatal Care Project, Iowa Department of Public Health, University of Northern Iowa Center for Behavioral Research: 2016 Data.