

# IOWA PRENATAL CARE BARRIERS PROJECT

## DATA FROM 2014 SURVEYS

2014 Respondents from All Hospitals in Iowa: 24,696

2014 Respondents with Babies Born in **Cass**: 96\*

\*Because of the small number of cases, data may not be representative of the entire population of new mothers whose babies were in this county.

<b>Demographic Indicators</b>	<b>State</b>	<b>County</b>
<b>Mother's Age</b>		
Less than 18 years	01%	03%
18-19 years	04%	05%
20-25 years	28%	36%
26-30 years	35%	32%
31-35 years	25%	18%
More than 35 years	07%	06%
<b>Mother's Ethnicity</b>		
Hispanic	07%	00%
Non-Hispanic	93%	100%
White	91%	97%
Black	05%	02%
Asian or Pacific Islander	03%	01%
American Indian or Native Alaskan	01%	00%
<b>Socioeconomic Indicators</b>		
<b>Mother's Education</b>		
Less than high school	08%	07%
High school	19%	26%
Some college	36%	40%
College graduate (Bachelor's degree)	27%	19%
Graduate school	10%	08%
<b>Household Income</b>		
Less than \$10,000	14%	19%
\$10,000 - \$19,999	10%	08%
\$20,000 - \$29,999	10%	17%
\$30,000 - \$39,999	09%	09%
\$40,000 - \$49,999	08%	07%
\$50,000 or more	49%	39%

<b>Information Received in 12 Months Prior to Becoming Pregnant</b>	<b>State</b>	<b>County</b>
<b>Doctor, Nurse, or Other Health Care Provider Talked About:</b>		
Taking folic acid or a multivitamin	47%	52%
Smoking	37%	43%
Drinking alcohol	32%	31%
Your weight	30%	32%
Regular exercise	33%	26%
How romantic relationships affect your health	13%	08%
Did not see a doctor, nurse, or other health care professional for a check-up in the 12 months prior to becoming pregnant	34%	28%
<b>Behavioral Indicators During Pregnancy</b>		
<b>No Birth Control was Used at Time of Conception</b>	86%	88%
<b>Unintended Pregnancy and Did NOT Use Birth Control</b>	68%	72%
<b>Plan to return to work outside of home following birth of this baby</b>		
Yes	72%	77%
No	28%	23%
<b>Does worksite have designated room/location (not counting bathroom stalls) for mothers to breastfeed or pump/express their breast milk</b>		
Yes	48%	26%
No	32%	47%
Don't Know	19%	27%
<b>Does worksite have written policy about breastfeeding?</b>		
Yes	18%	07%
No	30%	34%
Don't Know	52%	59%
<b>Cigarettes Smoked During Last 3 Months of Pregnancy</b>		
Not smoked in past 2 years	77%	68%
Zero cigarettes per day	03%	16%
1-10 per day	13%	11%
11-20 per day	06%	04%
More than 20 per day	01%	01%
<b>Alcoholic Drinks During Last 3 Months of Pregnancy</b>		
Not had any alcoholic drinks in past 2 years	23%	23%
Zero drinks per week	26%	77%
1 drink per week	32%	00%
2 or more drinks per week	41%	00%

<b>Prenatal Care</b>	<b>State</b>	<b>County</b>
<b>Mother received prenatal care as early in the pregnancy as wanted</b>		
Yes	93%	97%
No	07%	03%
<b>Where mother went for <u>most</u> of prenatal care</b>		
Private doctor's office or clinic	81%	65%
Midwife's office or home office from a midwife	05%	01%
Public clinic	13%	33%
Other	01%	00%
<b>HIV/AIDS Testing During Pregnancy</b>		
Yes	50%	43%
No	25%	27%
No, Testing was offered, but did not want to be tested	04%	00%
Don't know	22%	30%
<b>Received Flu Shot During Pregnancy</b>		
Yes	62%	75%
No, Received flu shot before became pregnant	07%	08%
No, Did not want flu shot during pregnancy	13%	02%
No, Doctor said to wait until after pregnancy	01%	03%
No, Do not ever get flu shots	14%	12%
No, Flu shot was not available	02%	00%
<b>Hospital Services</b>		
<b>Hospital Staff Encouraged Breastfeeding During First 24 Hours After Birth of the Baby</b>		
Yes	83%	82%
No	15%	13%
Don't remember	03%	04%
<b>During Pregnancy or Time at the Hospital, a Doctor, Nurse, or Other Healthcare Professional Provided Information or Scheduled a Time to Discuss:</b>		
Breastfeeding or breastfeeding techniques	78%	77%
Action steps to decrease frustration when infant cries	49%	52%
How to lay the baby down to sleep	56%	58%
Dangers of shaking an infant	48%	53%
Did not receive any information and have not scheduled a time to discuss	09%	07%

*Technical Note:* Because percentages were rounded, the sum of values may not equal 100%.

*For more information:* Call the University of Northern Iowa Center for Social & Behavioral Research: (319) 273-2105.

*Data source:* Iowa Barriers to Prenatal Care Project, Iowa Department of Public Health, University of Northern Iowa Center for Behavioral Research: 2014 Data.