

IOWA PRENATAL CARE BARRIERS PROJECT

DATA FROM 2014 SURVEYS

2014 Respondents from All Hospitals in Iowa: 24,696

2014 Respondents with Babies Born in **Palo Alto**: 92*

*Because of the small number of cases, data may not be representative of the entire population of new mothers whose babies were in this county.

Demographic Indicators	State	County
Mother's Age		
Less than 18 years	01%	01%
18-19 years	04%	02%
20-25 years	28%	30%
26-30 years	35%	40%
31-35 years	25%	21%
More than 35 years	07%	07%
Mother's Ethnicity		
Hispanic	07%	01%
Non-Hispanic	93%	99%
White	91%	98%
Black	05%	02%
Asian or Pacific Islander	03%	00%
American Indian or Native Alaskan	01%	00%
Socioeconomic Indicators		
Mother's Education		
Less than high school	08%	05%
High school	19%	25%
Some college	36%	42%
College graduate (Bachelor's degree)	27%	24%
Graduate school	10%	03%
Household Income		
Less than \$10,000	14%	12%
\$10,000 - \$19,999	10%	11%
\$20,000 - \$29,999	10%	13%
\$30,000 - \$39,999	09%	13%
\$40,000 - \$49,999	08%	12%
\$50,000 or more	49%	38%

Information Received in 12 Months Prior to Becoming Pregnant	State	County
Doctor, Nurse, or Other Health Care Provider Talked About:		
Taking folic acid or a multivitamin	47%	36%
Smoking	37%	25%
Drinking alcohol	32%	22%
Your weight	30%	26%
Regular exercise	33%	28%
How romantic relationships affect your health	13%	15%
Did not see a doctor, nurse, or other health care professional for a check-up in the 12 months prior to becoming pregnant	34%	46%
Behavioral Indicators During Pregnancy	State	County
No Birth Control was Used at Time of Conception	86%	87%
Unintended Pregnancy and Did NOT Use Birth Control	68%	71%
Plan to return to work outside of home following birth of this baby		
Yes	72%	71%
No	28%	29%
Does worksite have designated room/location (not counting bathroom stalls) for mothers to breastfeed or pump/express their breast milk		
Yes	48%	31%
No	32%	45%
Don't Know	19%	23%
Does worksite have written policy about breastfeeding?		
Yes	18%	06%
No	30%	34%
Don't Know	52%	59%
Cigarettes Smoked During Last 3 Months of Pregnancy		
Not smoked in past 2 years	77%	72%
Zero cigarettes per day	03%	17%
1-10 per day	13%	10%
11-20 per day	06%	01%
More than 20 per day	01%	00%
Alcoholic Drinks During Last 3 Months of Pregnancy		
Not had any alcoholic drinks in past 2 years	23%	32%
Zero drinks per week	26%	66%
1 drink per week	32%	00%
2 or more drinks per week	41%	02%

Prenatal Care	State	County
Mother received prenatal care as early in the pregnancy as wanted		
Yes	93%	94%
No	07%	05%
Where mother went for <u>most</u> of prenatal care		
Private doctor's office or clinic	81%	45%
Midwife's office or home office from a midwife	05%	00%
Public clinic	13%	54%
Other	01%	00%
HIV/AIDS Testing During Pregnancy		
Yes	50%	60%
No	25%	14%
No, Testing was offered, but did not want to be tested	04%	03%
Don't know	22%	22%
Received Flu Shot During Pregnancy		
Yes	62%	64%
No, Received flu shot before became pregnant	07%	02%
No, Did not want flu shot during pregnancy	13%	16%
No, Doctor said to wait until after pregnancy	01%	00%
No, Do not ever get flu shots	14%	15%
No, Flu shot was not available	02%	03%
Hospital Services		
Hospital Staff Encouraged Breastfeeding During First 24 Hours After Birth of the Baby		
Yes	83%	77%
No	15%	21%
Don't remember	03%	02%
During Pregnancy or Time at the Hospital, a Doctor, Nurse, or Other Healthcare Professional Provided Information or Scheduled a Time to Discuss:		
Breastfeeding or breastfeeding techniques	78%	76%
Action steps to decrease frustration when infant cries	49%	61%
How to lay the baby down to sleep	56%	60%
Dangers of shaking an infant	48%	63%
Did not receive any information and have not scheduled a time to discuss	09%	07%

Technical Note: Because percentages were rounded, the sum of values may not equal 100%.

For more information: Call the University of Northern Iowa Center for Social & Behavioral Research: (319) 273-2105.

Data source: Iowa Barriers to Prenatal Care Project, Iowa Department of Public Health, University of Northern Iowa Center for Behavioral Research: 2014 Data.