

IOWA PRENATAL CARE BARRIERS PROJECT

DATA FROM 2015 SURVEYS

2015 Respondents from All Hospitals in Iowa: 23,212
 2015 Respondents with Babies Born in **Pocahontas**: 69*

*Because of the small number of cases, data may not be representative of the entire population of new mothers whose babies were in this county.

Demographic Indicators	State	County
Mother's Age		
Less than 18 years	01%	<01%
18-19 years	04%	04%
20-25 years	27%	26%
26-30 years	35%	41%
31-35 years	25%	22%
More than 35 years	08%	06%
Mother's Ethnicity		
Hispanic	07%	06%
Non-Hispanic	93%	94%
White	91%	93%
Black	05%	04%
Asian or Pacific Islander	03%	<01%
American Indian or Native Alaskan	01%	03%
Socioeconomic Indicators		
Mother's Education		
Less than high school	07%	<01%
High school	20%	28%
Some college	35%	43%
College graduate (Bachelor's degree)	27%	23%
Graduate school	11%	06%
Household Income		
Less than \$10,000	14%	15%
\$10,000 - \$19,999	10%	06%
\$20,000 - \$29,999	09%	12%
\$30,000 - \$39,999	09%	09%
\$40,000 - \$49,999	07%	14%
\$50,000 or more	52%	44%

Information Received in 12 Months Prior to Becoming Pregnant	State	County
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Health Care Provider Talked About:		
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Birth control	50%	45%
Timing of pregnancy	20%	13%
Spacing of children	11%	07%

Doctor, Nurse, or Other Health Care Provider Talked About:		
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Taking folic acid or a multivitamin	45%	33%
Smoking	32%	29%
Drinking alcohol	27%	23%
Your weight	25%	26%
Regular exercise	28%	22%
How romantic relationships affect your health	09%	03%
Did not see a doctor, nurse, or other health care professional for a check-up in the 12 months prior to becoming pregnant	24%	25%

Behavioral Indicators During Pregnancy	State	County
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No Birth Control was Used at Time of Conception	86%	86%
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Unintended Pregnancy and Did NOT Use Birth Control	67%	63%
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Cigarettes Smoked During Last 3 Months of Pregnancy		
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Not smoked in past 2 years	76%	72%
Zero cigarettes per day	54%	78%
1-10 per day	40%	17%
11-20 per day	06%	06%
More than 20 per day	<01%	<01%

Alcoholic Drinks During Last 3 Months of Pregnancy		
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Not had any alcoholic drinks in past 2 years	30%	28%
Zero drinks per week	98%	98%
1 or more drinks per week	02%	02%

Health Care Services During Pregnancy	State	County
Visited a Dentist, Dental Clinic, or Received Dental Care	55%	50%
Health Care Professional or Other Agency Staff Person Came to Home to Help Care for You or for Your New Baby	03%	04%
Diagnosed with Depression During Pregnancy		
Yes	02%	01%
No	90%	88%
No, Diagnosed with depression before becoming pregnant	08%	10%
Took Prescription Medication for Depression	43%	86%
Received Counseling for Depression During Pregnancy	26%	57%
HIV/AIDS Testing During Pregnancy		
Yes	45%	55%
No	30%	19%
No, Testing was offered, but did not want to be tested	02%	01%
Don't know	23%	24%
Received Flu Shot During Pregnancy		
Yes	63%	68%
No, Received flu shot before became pregnant	07%	04%
No, Did not want flu shot during pregnancy	12%	13%
No, Doctor said to wait until after pregnancy	01%	01%
No, Do not ever get flu shots	15%	13%
No, Flu shot was not available	02%	<01%
Hospital Services	State	County
Hospital Staff Encouraged Breastfeeding During First 24 Hours After Birth of the Baby		
Yes	84%	88%
No	14%	12%
Don't remember	03%	<01%
During Pregnancy or Time at the Hospital, a Doctor, Nurse, or Other Healthcare Professional Provided Information or Scheduled a Time to Discuss:		
Breastfeeding or breastfeeding techniques	81%	83%
Action steps to decrease frustration when infant cries	41%	46%
How to lay the baby down to sleep	52%	46%
Dangers of shaking an infant	40%	38%
Did not receive any information and have not scheduled a time to discuss	07%	10%

Technical Note: Because percentages were rounded, the sum of values may not equal 100%.

For more information: Call the University of Northern Iowa Center for Social & Behavioral Research: (319) 273-2105.

Data source: Iowa Barriers to Prenatal Care Project, Iowa Department of Public Health, University of Northern Iowa Center for Behavioral Research: 2015 Data.