

# IOWA PRENATAL CARE BARRIERS PROJECT

## DATA FROM 2017 SURVEYS

2017 Respondents from All Hospitals in Iowa: 20,919  
 2017 Respondents with Babies Born in **Bremer County**: 170

<b>Demographic Indicators</b>	<b>State</b>	<b>County</b>
<b>Mother's Age</b>		
Less than 18 years	01%	<01%
18-19 years	03%	03%
20-25 years	25%	14%
26-30 years	36%	46%
31-35 years	26%	30%
More than 35 years	09%	08%
<b>Mother's Ethnicity</b>		
Hispanic	07%	03%
Non-Hispanic	93%	97%
White	90%	96%
Black	06%	02%
Asian or Pacific Islander	03%	01%
American Indian or Native Alaskan	01%	01%
<b>Socioeconomic Indicators</b>		
<b>Mother's Education</b>		
Less than high school	07%	02%
High school	21%	12%
Some college	34%	29%
College graduate (Bachelor's degree)	27%	37%
Graduate school	12%	19%
<b>Household Income</b>		
Less than \$10,000	12%	04%
\$10,000 - \$19,999	09%	07%
\$20,000 - \$29,999	09%	07%
\$30,000 - \$39,999	08%	07%
\$40,000 - \$49,999	07%	07%
\$50,000 or more	54%	68%

<b>Information Received in 12 Months Prior to Becoming Pregnant</b>	<b>State</b>	<b>County</b>
<b>Health Care Provider Talked About:</b>		
Birth control	49%	46%
Timing of pregnancy	26%	22%
Spacing of children	11%	08%
<b>Doctor, Nurse, or Other Health Care Provider Talked About:</b>		
Taking folic acid or a multivitamin	44%	42%
Smoking	29%	25%
Drinking alcohol	25%	22%
Your weight	24%	19%
Regular exercise	27%	26%
How romantic relationships affect your health	10%	07%
Oral Health	23%	21%
Did not see a doctor, nurse, or other health care professional for a check-up in the 12 months prior to becoming pregnant	31%	34%
<b>Behavioral Indicators During Pregnancy</b>		
<b>No Birth Control was Used at Time of Conception</b>	86%	88%
<b>Unintended Pregnancy and Did NOT Use Birth Control</b>	70%	64%
<b>Cigarettes Smoked During Last 3 Months of Pregnancy</b>		
Not smoked in past 2 years	78%	84%
Zero cigarettes per day	53%	52%
1-10 per day	41%	48%
11-20 per day	05%	<01%
More than 20 per day	01%	<01%
<b>Health Care Services During Pregnancy</b>		
<b>Visited a Dentist, Dental Clinic, or Received Dental Care</b>	56%	63%
<b>Diagnosed with Depression During Pregnancy</b>	03%	01%
<b>Took Prescription Medication for Depression</b>	48%	45%
<b>Received Counseling for Depression During Pregnancy</b>	30%	20%
<b>HIV/AIDS Testing During Pregnancy</b>		
Yes	41%	35%
No	32%	36%
No, Testing was offered, but did not want to be tested	02%	02%
Don't know	25%	28%

**Received Flu Shot During Pregnancy**

Yes	65%	56%
No, Received flu shot before became pregnant	07%	09%
No, Did not want flu shot during pregnancy	12%	16%
No, Doctor said to wait until after pregnancy	01%	<01%
No, Do not ever get flu shots	14%	17%
No, Flu shot was not available	02%	01%

**Hospital Services****State****County****Hospital Staff Encouraged Breastfeeding During First 24 Hours After Birth of the Baby**

Yes	84%	90%
No	13%	09%
Don't remember	02%	01%

**During Pregnancy or Time at the Hospital, a Doctor, Nurse, or Other Healthcare Professional Provided Information or Scheduled a Time to Discuss:**

Action steps to decrease frustration when infant cries	45%	46%
How to lay the baby down to sleep	58%	61%
Dangers of shaking an infant	43%	41%
Did not receive any information and have not scheduled a time to discuss	30%	30%

**Things that may have happened at the hospital where the birth occurred**

I breastfed my baby in the hospital	81%	86%
Hospital staff gave me information about breastfeeding	87%	94%
My baby was placed in skin-to-skin contact within the first hour of life	84%	92%
I breastfed in the first hour after my baby was born	64%	75%
Hospital staff helped me learn how to breastfeed	72%	77%
Hospital staff told me to breastfeed whenever my baby wanted	68%	72%
I am feeding my baby	94%	97%

*Technical Note:* Because percentages were rounded, the sum of values may not equal 100%.

*For more information:* Call the University of Northern Iowa Center for Social & Behavioral Research: (319) 273-2105.

*Data source:* Iowa Barriers to Prenatal Care Project, Iowa Department of Public Health, University of Northern Iowa Center for Behavioral Research: 2018 Data.