## **IOWA PRENATAL CARE BARRIERS PROJECT DATA FROM 2014 SURVEYS**

2014 Respondents from All Hospitals in Iowa: 24,696 2014 Respondents with Babies Born in Washington: 201

| Demographic Indicators               | State | County |
|--------------------------------------|-------|--------|
| Mother's Age                         |       |        |
| Less than 18 years                   | 01%   | 01%    |
| 18-19 years                          | 04%   | 05%    |
| 20-25 years                          | 28%   | 27%    |
| 26-30 years                          | 35%   | 34%    |
| 31-35 years                          | 25%   | 24%    |
| More than 35 years                   | 07%   | 09%    |
| Mother's Ethnicity                   |       |        |
| Hispanic                             | 07%   | 05%    |
| Non-Hispanic                         | 93%   | 95%    |
| White                                | 91%   | 98%    |
| Black                                | 05%   | 02%    |
| Asian or Pacific Islander            | 03%   | 01%    |
| American Indian or Native Alaskan    | 01%   | 00%    |
| Socioeconomic Indicators             | State | County |
| Mother's Education                   |       |        |
| Less than high school                | 08%   | 08%    |
| High school                          | 19%   | 25%    |
| Some college                         | 36%   | 35%    |
| College graduate (Bachelor's degree) | 27%   | 24%    |
| Graduate school                      | 10%   | 07%    |
| Household Income                     |       |        |
| Less than \$10,000                   | 14%   | 14%    |
| \$10,000 - \$19,999                  | 10%   | 09%    |
| \$20,000 - \$29,999                  | 10%   | 10%    |
| \$30,000 - \$39,999                  | 09%   | 08%    |
| \$40,000 - \$49,999                  | 08%   | 15%    |
| \$50,000 or more                     | 49%   | 44%    |
| 430,000 or more                      | 49%   | 44%    |

| Information Received in 12 Months Prior to Becoming Pregnant   | State | County |
|--|-------|--------|
| Doctor, Nurse, or Other Health Care Provider Talked About:   |       |        |
| Taking folic acid or a multivitamin  | 47%   | 47%    |
| Smoking  | 37%   | 35%    |
| Drinking alcohol   | 32%   | 32%    |
| Your weight  | 30%   | 26%    |
| Regular exercise   | 33%   | 31%    |
| How romantic relationships affect your health  | 13%   | 14%    |
| Did not see a doctor, nurse, or other health care professional for a check-up  | 34%   | 36%    |
| in the 12 months prior to becoming pregnant  |       |        |
|  |       |        |
| Behavioral Indicators During Pregnancy   | State | County |
| No Birth Control was Used at Time of Conception  | 86%   | 87%    |
| Unintended Pregnancy and Did NOT Use Birth Control   | 68%   | 64%    |
| Plan to return to work outside of home following birth of this baby  |       |        |
| Yes  | 72%   | 68%    |
| No   | 28%   | 32%    |
|  | _0,0  | 0_,0   |
| Does worksite have designated room/location (not counting bathroom stalls) for mothers to breastfeed or pump/express their breast milk |       |        |
| Yes  | 48%   | 49%    |
| No   | 32%   | 32%    |
| Don't Know   | 19%   | 19%    |
| Does worksite have written policy about breastfeeding?   |       |        |
| Yes  | 18%   | 17%    |
| No   | 30%   | 34%    |
| Don't Know   | 52%   | 49%    |
|  |       |        |
| Cigarettes Smoked During Last 3 Months of Pregnancy  |       |        |
| Not smoked in past 2 years   | 77%   | 77%    |
| Zero cigarettes per day  | 03%   | 12%    |
| 1-10 per day   | 13%   | 06%    |
| 11-20 per day  | 06%   | 04%    |
| More than 20 per day   | 01%   | 01%    |
| Alcoholic Drinks During Last 3 Months of Pregnancy   |       |        |
| Not had any alcoholic drinks in past 2 years   | 23%   | 32%    |
| Zero drinks per week   | 26%   | 66%    |
| 1 drink per week   | 32%   | 01%    |
| 2 or more drinks per week  | 41%   | 01%    |
|  |       |        |

| Prenatal Care   | State      | County     |
|---|------------|------------|
| Mother received prenatal care as early in the pregnancy as wanted                     |            |            |
| Yes   | 93%        | 95%        |
| No  | 07%        | 05%        |
| Where mother went for most of prenatal care   |            |            |
| Private doctor's office or clinic   | 81%        | 83%        |
| Midwife's office or home office from a midwife  | 05%        | 07%        |
| Public clinic   | 13%        | 08%        |
| Other   | 01%        | 01%        |
| HIV/AIDS Testing During Pregnancy   |            |            |
| Yes   | 50%        | 41%        |
| No  | 25%        | 32%        |
| No, Testing was offered, but did not want to be tested                                | 04%        | 04%        |
| Don't know  | 22%        | 24%        |
| Received Flu Shot During Pregnancy  |            |            |
| Yes   | 62%        | 63%        |
| No, Received flu shot before became pregnant  | 07%        | 06%        |
| No, Did not want flu shot during pregnancy  | 13%        | 14%        |
| No, Doctor said to wait until after pregnancy   | 01%        | 01%        |
| No, Do not ever get flu shots   | 14%        | 15%        |
| No, Flu shot was not available  | 02%        | 02%        |
| Hospital Services   | State      | County     |
| Hospital Staff Encouraged Breastfeeding During First 24 Hours After Birth of the Baby |            |            |
| Yes   | 83%        | 79%        |
| No  | 15%        | 18%        |
| Don't remember  | 03%        | 03%        |
| During Pregnancy or Time at the Hospital, a Doctor, Nurse, or Other                   |            |            |
| Healthcare Professional Provided Information or Scheduled a Time to Discuss:          |            |            |
| Breastfeeding or breastfeeding techniques   | 78%        | 68%        |
| Action steps to decrease frustration when infant cries                                | 49%        | 35%        |
| How to lay the baby down to sleep   | 49%<br>56% | 33%<br>47% |
| Dangers of shaking an infant  | 48%        | 30%        |
| Did not receive any information and have not scheduled a time to discuss              | 48%<br>09% | 20%        |
| Did not receive any information and have not scheduled a time to discuss              | 0970       | 2070       |

Technical Note: Because percentages were rounded, the sum of values may not equal 100%. For more information: Call the University of Northern Iowa Center for Social & Behavioral Research: (319) 273-2105. Data source: Iowa Barriers to Prenatal Care Project, Iowa Department of Public Health, University of Northern Iowa

Center for Behavioral Research: 2014 Data.