



NEED HELP TO QUIT TOBACCO? LET US COACH YOU.

Call Quitline Iowa today or visit www.QuitlineIowa.org
for help quitting today.

Quitting tobacco is a journey, and you don't have to travel
alone. We have a team of coaches who will guide you down
the path of success.



QUITLINE IOWA

1 800 QUIT NOW | 1 800 784 8669

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