

Well Child Screenings



Well child visits are important, even if your child is healthy.

Well child visits are key times for communication. During your child's visit with your primary health care provider expect to be given information about normal development, nutrition, sleep, safety, and diseases. Your child may also receive recommended immunizations during the well child visit. It's a great time to discuss any concerns you may have about your child. The American Academy of Pediatrics has developed a comprehensive health supervision guideline for well child screenings called "Bright Futures" for pediatricians to follow. The mission of Bright Futures is to promote and improve the health, education, and well-being of infants, children, adolescents, families, and communities.

Each well child visit* should include a complete physical, a check of the infant or child's growth, height, weight, vision and hearing assessment, nutrition/obesity prevention, oral health assessment, developmental assessment, anticipatory guidance and immunizations following the recommended schedule. It is also important for your child to have dental care with fluoride varnish applications starting at age 6 months and dental checkups with a dentist starting at age 1.

AGE	SCREENING	IMMUNIZATION
Newborn (done in	Blood tests, hearing, congenital heart disease with	Hepatitis B
the hospital)	pulse oximetry (after 24 hours of age)	
3-5 days	Well child visit *	
1 month	Well child visit *	
2 months	Well child visit *	Dtap (diphtheria, tetanus, acellular pertussis), HIB (Haemophilus influenza type B), IPV (Polio) Hepatitis B, PCV (pneumococcal disease), Rotavirus (given by mouth)
4 months	Well child visit *	Dtap, PCV, HIB, Rotavirus, IPV
6 months	Well child visit *, lead risk assessment	Dtap, PCV, HIB (if needed), Rotavirus, IPV
9 months	Well child visit *, lead risk assessment	
12 months	Well child visit *, blood lead screening	HIB, PCV, MMR (measles, mumps, rubella), Hepatitis A and Varicella Immunizations in bold need to be given <u>after</u> the child's 1 st birthday
15-18 months	Well child visit *, autism screening, hemoglobin(anemia), lead (if high risk)	Dtap, Hep A. Any 12 month immunizations not already given
2 years	Well child visit *, blood lead screening, autism screening	Immunization review
30 months	Hemoglobin	
3 years	Well child visit *, vision acuity	
4 years	Well child visit *, vision acuity and hearing test	Dtap, IPV, MMR, Varicella
5 years	Well child visit *, vision acuity and hearing test	Dtap, IPV, MMR, Varicella if not given at age 4
6, 8, 10 years	Well child visit *, dyslipidemia (age 9-11 lipid screening)	
11 years	Well child visit *, depression screening	Tdap booster, MCV (meningococcal disease), HPV series (3 doses)
12 years	Well child visit *, depression screening	Immunization review
13 years	Well child visit *, depression screening, varicella blood test (if vaccine not given & no history of chicken pox)	Immunization review

The following is a table of what to expect at each age at the well child screening:

American Academy of Pediatrics (AAP) Bright Futures 2015 <u>https://www.aap.org/en-us/professional-resources/practices</u>