IPN Manual Updates

IOWA DEPARTMENT OF PUBLIC HEALTH

Protecting and Improving the Health of Iowans

Early Intervention Changes

Description	What was: • Early Intervention Is now: • SBIRT • Early Intervention • Crisis Counseling

SBIRT

Description	Screening, Brief Intervention and Referral to Treatment (SBIRT) is an integrated evidence-based approach that offers providers the tools to effectively and efficiently screen individuals for risky substance use and problem gambling. • Screening: Universal screening for quickly assessing use and severity of substance use and problem gambling. • Brief Intervention: Brief motivational and awareness-raising intervention given to individuals determined to be at risk for problematic substance use and gambling. • Referral to Treatment: Referrals to specialty care for individuals with a substance use or problem gambling disorder. • SBIRT services are to be provided by substance use and problem gambling treatment providers in a variety of locations outside of a treatment center (primary care settings, schools, and casinos).
Rate	$35 per 30 minute unit

Early Intervention (ASAM 0.5)

Description	The ASAM criteria level of care which explores and addresses problems or risk factors that appear to be related to an addictive disorder and which helps the individual recognize potential harmful consequences. • May be provided to persons who have received an Initial Assessment but do not meet criteria for a substance use disorder. • Consider as an equivalent to Brief Treatment • Early Intervention may be provided using the SAMHSA Integrated Change Therapy/Brief Treatment Model or a similar model acceptable to IDPH. • Individuals that previously received an Initial Assessment and do meet criteria for a substance use disorder may not be provided Early Intervention.	
Rate	Group: $35 per 30 minute unit	Individual: $65 per 30 minute unit

Crisis Counseling

Description	A face-to-face response to a crisis or emergency situation experienced by an individual, family member and/or significant others related to substance use disorders. • Focused intervention and rapid stabilization of acute symptoms of mental illness or emotional distress • Assist a member to regain self-control and reestablish effective management of behavioral symptoms • Crisis Counseling services can occur in person or over the phone
Rate	$65 per person / per 30 minute unit

Interim Services

Description	Services that are provided for Priority Populations (pregnant women and individuals who inject drugs) seeking treatment but are unable to be admitted due to capacity related issues. • Purpose of these services are to reduce the adverse health effects of substance use, promote the health of the individual, and reduce the risk of transmission of disease. • At a minimum, interim services include counseling and education about HIV and tuberculosis (TB), about the risks of needle-sharing, the risks of transmission to sexual partners and infants, and about steps that can be taken to ensure that HIV and TB transmission does not occur, as well as referral for HIV or TB treatment services if necessary. • For pregnant women, interim services also include counseling on the effects of alcohol and drug use on the fetus, as well as referral for prenatal care.
Rate	$65 per person / per 30 minute unit

MAT – Medical Evaluation

Description	An assessment conducted by a physician or other licensed prescriber to determine the need for medication-assisted treatment or tobacco cessation services.
Rate	$275

MAT – Medical Care

Description	Ongoing medical evaluation services provided by a licensed medical professional to assess appropriateness for continued medication-assisted treatment and tobacco cessation services. • Medicated-Assisted Treatment (MAT) is the use of FDA-approved medications, in combination with counseling and behavioral therapies, to provide a “whole-patient” approach to the treatment of Alcohol Use Disorders, Opioid Use Disorders, and smoking. • Medical Care does not include routine monitoring of MAT compliance by testing for the presence of other substances (e.g., urine drug screen) or conducting other medical tests.
Rate	$50 per person / per day

MAT – Medication

Description	Medication ordered by the Medical Evaluation for MAT and tobacco cessation.
Rate	$300 per person / per treatment episode

MAT – Drug Testing

Description	Routine monitoring of MAT compliance by testing for the presence of other substances (e.g., urine drug screen).
Rate	$10 per test (maximum of 12 tests per year)

Reimbursement Rates*

Description	• Eliminated different rates for certified versus licensed independent staff (all services reimbursed at the higher rate) • Increased Initial Assessment reimbursement rate to $165 (still a maximum of $125 for OWI assessments) • Increased IOP reimbursement rate to $150 (maximum of three units per 7-day period) *Proposed

Problem Gambling – Residential

Description	Due to the comorbidity of substance use and problem gambling disorders, IDPH supports the provision of services that can address both disorders simultaneously. This includes the provision of Early Intervention specific to Problem Gambling, and Problem Gambling treatment, for individuals residing in a substance use disorder residential treatment level of care. Services can be provided on an outpatient basis for patients at 3.1 or higher level of care, as long as the services are separate and distinct. This means that Early Intervention and Problem Gambling treatment services cannot supplant the required 30-50 hours of substance use disorder treatment per week. These additional services should be submitted in I-SMART in the Problem Gambling domain.

Problem Gambling Eligibility

Description	For patients seeking problem gambling treatment services, the following may also be taken into consideration: • Burden of gambling related debt reduces the patient income to or below 200% of the Federal Poverty Level • Patient is without other financial resources to pay for the problem gambling treatment service(s)

Unit Rate Duration

Description	For services utilizing a unit rate reimbursement, IPN providers should report data as follows: • Report “Duration” in 30 minute increments, rounded to the nearest 30 minute level, e.g. 30, 60, 90, 120. For example: If the session is 44 minutes you would round to 30 minutes. If the session is 46 minutes you would round to 60 minutes. • Report “Duration Type” as “Minutes”. • Report “Session/Unit” as 1. For Residential and Inpatient levels of care, IPN providers should report data as follows: • Report “Duration” as “1” • Report “Duration Type: as “Days” • Report Encounter Type as “24 Hours Service” • Report “Session/Unit” as “1”

Network Support Funds

Description	Contractors experiencing under-utilization of their Outpatient Treatment Covered Services budget can submit a request to IDPH through Iowa Grants correspondence to redirect up to 10% of their total Outpatient Treatment Covered Services budget for local health promotion and outreach activities. Requests must include an updated Network Support Work Plan that includes the scope and expected outcome of each proposed activity.