

Unintended Pregnancy



IOWA Pregnancy Risk Assessment Monitoring System

Iowa joined the **PRAMS** project in 2011 and began data collection in February of 2013. From 2013 through 2020, 15,647 Iowa mothers were asked to provide information on their experiences and behaviors before, during and after pregnancy.

In 2020,

18%

of mothers indicated their most recent pregnancy was **unintended**.

61%

of mothers with an unintended pregnancy reported they were **not doing anything to keep from getting pregnant**.

56%

of mothers indicated using a **most or moderately effective birth control**¹ postpartum.

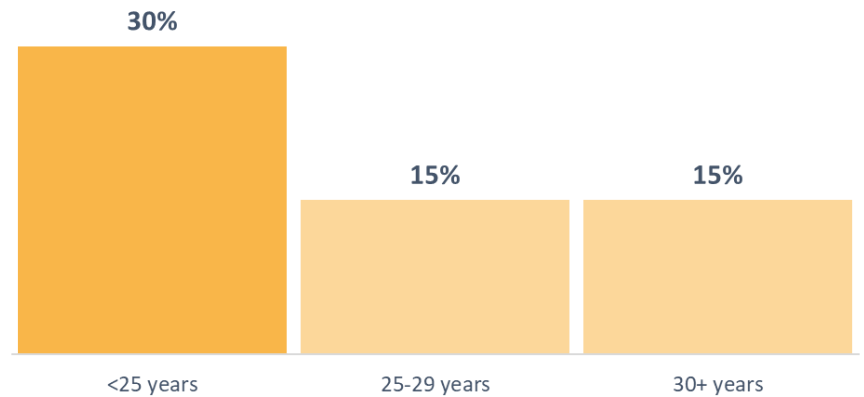
Find more data on unintended pregnancy and other topics in our [2020 PRAMS Data Book](#).



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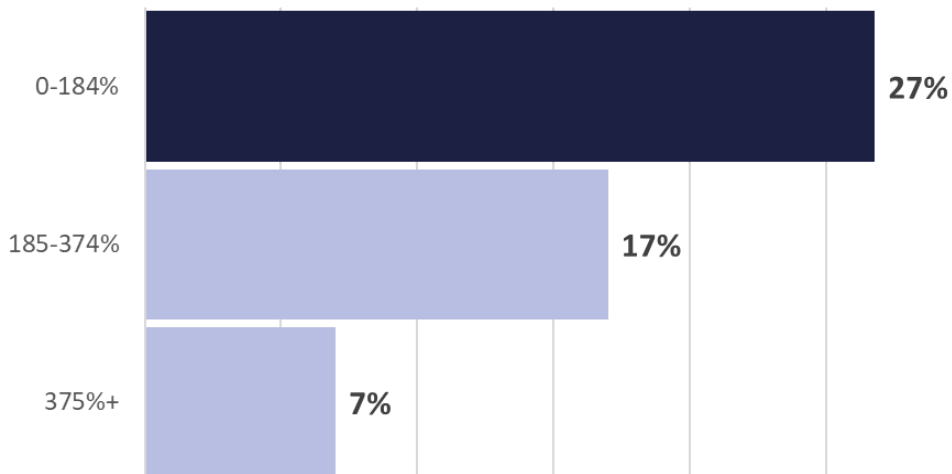
AGE

New mothers **younger than 25 years of age** experienced **unintended pregnancy at 2 times** the rate of mothers 25 years and older.



TOP 3 REASONS NEW MOTHERS WHO EXPERIENCED AN UNINTENDED PREGNANCY DID NOT USE BIRTH CONTROL:

- 1 I didn't mind if I got pregnant (54%)
- 2 I thought I could not get pregnant at that time (25%)
- 3 My husband/partner did not want to use anything (21%)



POVERTY

New mothers in **greater poverty** experienced **higher rates of unintended pregnancy** than mothers in lesser poverty.