YOUTH MENTAL HEALTH DISPARITIES & TRENDS 2014-2018

Iowa Youth Survey



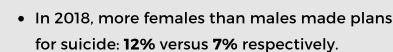
SAD OR HOPELESS

- From 2014 to 2018, the number of lowa students who experienced persistent sadness or hopelessness increased 15%--to 32% in 2018.
- An increase was observed for both males and females in 6th, 8th and 11th grades.
- In 2018, 11th grade female students of color experienced persistent sadness or hopelessness more than any other group of students.

SUICIDE IDEATION

- From 2014 to 2018, the number of lowa students who seriously considered suicide rose 7%. In 2018, 1 in 5 lowa students seriously considered suicide.
- In 2018, **26**% of female students considered suicide compared to **15**% of males.
- Nearly 1 in 3 11th grade females seriously considered suicide, more than males or females in 6th or 8th grade.





- Between 2014 and 2018, these rates increased for both males and females.
- Across these years the rates also increased with grade level.





- Overall, female students were twice as likely to have attempted suicide than males.
- Twice as many Latinx females attempted suicide in 2018 (10%) than in 2014.

INJURED IN ATTEMPT

- Black or African American male students were slightly more likely to experience persistent sadness or hopelessness than white male students.
- However, Black males were nearly three times as likely to be injured in a suicide attempt than white males.
- Indigenous males and other males of color are also more likely to be injured in a suicide attempt than white males.





