

## COVID-19 Success Story

Thank you for agreeing to share your story. It will provide hope to those facing challenges with their behavioral health, and may give others the motivation and courage to make healthy choices. Telling your story is sometimes difficult, so if you need assistance or have questions, please ask your health care provider for help answering your questions. Below is a guide to help share your personal story. If you feel uncomfortable answering any of the questions, feel free to skip them. Again, congratulations on taking the steps to improve your health and inspiring others to make healthy changes in their health.

**Please share your name, age and city in which you live:** \_\_\_\_\_

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**What was the turning point at which you chose to seek help?** \_\_\_\_\_

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**What do you want to share with others about your recovery?** \_\_\_\_\_

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**Describe what healthy changes you made regarding your health?** \_\_\_\_\_

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**How is your life different today than before you sought help?** \_\_\_\_\_

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**Signed authorizations are required for everyone submitting a success story. Please attach a signed release of information (ROI).**