

## SOR2 Prevention

### Training Requirements & Recommendations:

Prevention staff come to this field with a variety of background experience and knowledge. It is the responsibility of the employing agency to both know the requirements for the position as well as assess what areas the new employee needs training for and which requirements they already meet. The SOR2 grant does allow for additional services that are potentially beyond the scope of IPN prevention, specifically overdose prevention and harm reduction.

For the SOR2 grant, priority areas of **knowledge and understanding** include:

- Opioids and stimulants: appropriate use, misuse, use disorders, overdose recognition and response
- FDA-approved options for Medication Assisted Treatment (especially those for Opioid Use Disorder)
- The continuum of SUD Prevention, Treatment, and Recovery
- Health equity and cultural sensitivity
- The medical model of SUD as a chronic brain disease
- The impact of stigma on society and individuals
- Understanding harm reduction principles and strategies

For the SOR2 grant, priority **skills and abilities** include:

- Clear communication on complicated and sensitive topics
- Presentation skills that can be tailored to various audiences
- Effectively engagement with a variety of community stakeholders
- Identification and implementation of evidence-based prevention strategies
- Identification and communication of reliable and relevant health data

General expectations include those provided by the IPN prevention requirements:

*2. Staff Development and Training (based on IAC 155.21(5))*

*Policies and procedures shall establish a staff development and training plan that encompasses all prevention staff and all prevention services, considers the professional continuing education requirements of certified staff, and is available to all prevention staff.*

*a. Designate a staff person responsible for the staff development and training plan.*

*b. The staff person responsible for the staff development and training plan shall conduct an annual needs assessment.*

*c. The staff development and training plan shall describe orientation of new staff which includes an overview of the Contractor's organization, prevention services, and confidentiality.*

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The follow training topics are recommended:

### **Trainings**

- HIPPA/Confidentiality (Agency specific)
- SAPST
- Training Resources and TOTs on Rallyhood
- [Mental Health First Aid](#)
- Iowa's Good Samaritan Law
  - <https://www.youtube.com/watch?v=L8KKTJ5I-Hk>
- IDPH Trainings on YourLifelowa.org: [YourLifelowa.org](#)
- HealthKnowledge.org (free account) has MANY relevant topics
- Relias Training Available (all IPN agency-staff have access) has MANY relevant topics
- CDC Train (free account)
- Methamphetamine Harm Reduction
  - [101: An Overview](#)
  - [201: Overamping and De-escalation](#)
  - [301: Sexual Health](#)