



# The Check-Up

Updates on the progress of health care transformation initiatives

The Check-Up is a health care transformation newsletter designed to keep interested Iowans up-to-date on the progress of health reform initiatives. The Check-Up features updates on activities of the Iowa Department of Public Health's (IDPH) Office of Health Care Transformation (OHCT) and partners. The OHCT is a key point of contact for health care transformation initiatives within IDPH, and emerging health care issues and policies. The OHCT monitors federal and state health care issues and disseminates the key information, opportunities and impacts to the public and IDPH's internal and external partners.

## Patient-Centered Health Advisory Council

The Iowa Department of Public Health's (IDPH) Patient-Centered Health Advisory Council serves as a key resource for feedback and recommendations to IDPH, the legislature, and other stakeholders on issues related to health care transformation initiatives in Iowa. The council encourages partnerships and synergy between community health care partners in Iowa who are working on new system-level models to provide better health care at lower costs by focusing on shifting from volume- to value- based health care. Additionally, the council aims to reduce silos of the health care system by convening stakeholders and leaders in Iowa, building relationships, and streamlining efforts.



### Meeting Schedule

- Friday, November 2, 2018 at the Iowa Healthcare Collaborative
- Friday, February 8, 2019 at the West Des Moines Learning Resource Center
- Friday, May 10, 2019 location TBD
- Friday, August 16, 2019 location TBD
- Friday, November 8, 2019 location TBD

### 2018 Meeting Summary

Throughout 2018, the Patient-Centered Health Advisory Council focused its meetings on targeted topics that impact the health of Iowans. These meetings raised awareness and attention around these important issues. Key subject matter experts attended the meetings and educated council members and interested stakeholders about the topic, including the main issues, barriers and successes, particularly those related to social

determinants of health. The meetings provided a venue for the key stakeholders working on these issues to connect with one another and learn about current initiatives and efforts related to the topic. Council members are currently working on developing supportive statements and recommendations on these issues. Below are the meeting topics and summaries.

### Brain Health – February 16, 2017 at Broadlawns Medical Center

✓ Agenda

✓ Minutes

Attendees received presentations and discussed the following topics:

- Linda Brown and Susan Callison from the Alzheimer's Association–Greater Iowa Chapter gave an overview of Alzheimer's disease and dementia in Iowa. The overview focused on initiatives to address Alzheimer's the issues and concerns related to Alzheimer's.
- Dr. Patty Quinlisk from the Iowa Department of Public Health described a dementia risk reduction quiz called [Save Your Brain](#) that was created in Iowa to address the increasing rates of cognitive decline and dementia in society today. Individuals can reduce their risk of dementia by up to 70 percent by adopting healthy habits, which this quiz aims to identify.
- Dr. Yogesh Shah from Broadlawns Medical Center presented on Mild Cognitive Impairment, which is the stage between the expected cognitive decline of normal aging and the more serious decline of dementia.
- Dr. Auriel Willette from Iowa State University presented on the relation of obesity and brain health.
- Dr. Natalie Denburg from the University of Iowa presented on the changes that occur with the brain with normal aging.
- Additional agenda items included an update from Iowa Medicaid Enterprise and an overview of TAVHealth, which is a software system to address social determinants of health at a community level.



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## Childhood Obesity – May 11, 2017 at Broadlawns Medical Center

✓ Agenda ✓ Minutes



Attendees received presentations and discussed the following topics:

- Dr. Jennifer Groos from Blank Children's Pediatric Clinic and the Iowa Chapter of the American Academy of Pediatrics outlined the main issues related to childhood obesity.
- Erin Olson from the Iowa Department of Public Health discussed 5-2-1-0 Healthy Choices Count which is an educational campaign to promote healthy eating and active living for children and families in Iowa.
- Additional agenda items included a summary of the Iowa Medicaid Enterprise MCO Quarterly Reports; overviews of the Managed Care Ombudsman program and the State of Iowa Office of Ombudsman program; an update on Iowa's Medical Assistance Advisory Council (MAAC) from Dave Hudson, who is a co-chair of MAAC; and an IDPH legislative update.

## Rural Health – August 17, 2017 at the State Hygienic Laboratory in Ankeny

✓ Agenda ✓ Minutes



Attendees received presentations and discussed the following topics:

- Dr. Keith Muller from University of Iowa gave an overview of the rural health landscape in Iowa, and described challenges and key themes around rural health.
- Dr. Michael Rosmann is a psychologist and farmer from Harlan, Iowa. The presentation focused on mental health in rural Iowa.
- Katie Kenny from the Iowa Primary Care Association and Donald Herbst from Clarinda Regional Health Center described the issues related to rural health access and gave an overview the Iowa Association of Rural Health Clinics and Iowa's Community Health Centers.
- Dennis Tibben from the Iowa Medical Society presented on Iowa's rural physician workforce and issues related to provider shortages.
- Megan Hartwig from the Iowa Department of Public Health gave an overview of IDPH's programs on rural health, and presented Telehealth Recommendations developed by the Center for Rural Health and Primary Care Advisory Committee.
- Patrick McGovern from the Iowa Department of Public Health presented on suicide in rural Iowa.

## Palliative Care Legislative Charge

During the 2017 legislative session, the Patient-Centered Health Advisory Council was charged by [House File 393](#) to review the public's awareness of palliative care, provide recommendations to increase awareness and address barriers. The council conducted an online statewide survey to gauge the public's awareness of palliative care and received around 600 responses. The results of the survey and recommendations developed by the council are located in the final report, which was submitted to the governor and the General Assembly and can be accessed here: [Palliative Care Awareness in Iowa](#).

An online survey about Iowa's palliative care awareness and barriers was conducted.



## Iowa Medicaid

### New IA Health Link MCO Selected

The Iowa Department of Human Services announced the selection of an additional MCO, Iowa Total Care. This provides additional options and choice for members. Iowa Total Care will begin providing coverage for IA Health Link and *hawk-i* members July 1, 2019. Members will be notified by mail when they are able to select Iowa Total Care as their MCO. Visit <https://dhs.iowa.gov/iahealthlink> for more information.

### Iowa Medicaid Managed Care Quarterly Reports

Performance monitoring and data analysis are critical components in assessing how well Iowa's MCO's are maintaining and improving the quality of care delivered to members. The [quarterly reports](#), with a number of elements required through oversight legislation, are comprehensive and focus on compliance areas, as well as health outcomes over time.

- ✓ MCO Report, Quarter 4 (April-June 2018) published September 25, 2018

### Iowa Medical Assistance Advisory Council (MAAC)

The purpose of MAAC is to "Advise the Director of the Department of Human Services about health and medical care services under the medical assistance program." MAAC is mandated by federal law and further established in Iowa Code. MAAC membership includes 43 entities designated in Iowa Administrative Code representing professional and business entities. It also includes 10 public representatives. A MAAC Executive Committee, whose members are appointed by the full council, provides guidance to the group and makes recommendations. All MAAC meetings are open to the public. For more information and to view the meeting schedule, visit: [https://dhs.iowa.gov/ime/about/advisory\\_groups/maac](https://dhs.iowa.gov/ime/about/advisory_groups/maac).

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## Iowa Council on Human Services

DHS coordinates the Iowa Council on Human Services, which acts in a policymaking and decision-making capacity on matters within the jurisdiction of DHS. For more information and meeting dates, visit <http://dhs.iowa.gov/about/dhs-council>.



## Managed Care Ombudsman Program Reports & Materials

The **Managed Care Ombudsman Program** advocates for the rights and needs of Medicaid managed care members in Iowa who live or receive care in a health care facility, assisted living program or elder group home, as well as members enrolled in one of Medicaid's **seven** home and community-based services waiver programs.

- ✓ The Managed Care Ombudsman Program develops monthly and quarterly reports which can be accessed [here](#).
- ✓ The Managed Care Ombudsman Program developed a guide called "How to Be Your Own Best Advocate: A Guide on How to Navigate Managed Care in Iowa."

## Iowa Initiatives

### Iowa State Innovation Model

Seven **Community and Clinical Care (C3) initiatives** were established through Iowa's **State Innovation Model (SIM)** grant. SIM is a four-year federal grant through the Center for Medicare and Medicaid Innovation. Iowa is currently in year four of the grant. Iowa's SIM grant focuses on the following aims:

- ✓ Improve population health
- ✓ Transform health care
- ✓ Promote sustainability

C3s are community-level, multi-sector groups of stakeholders implementing innovative strategies and referral processes to meet the clinical and social needs of the target population through person-centered, coordinated care. The target population for Iowa's SIM grant are individuals at risk for, or having diabetes. C3s have two primary functions:

1. Addressing social determinants of health through care coordination; and
2. Implementing population-based, community-applied interventions related to the [Iowa SIM Statewide Strategies](#).



State Innovation Model of Iowa

## C3 Success Stories

Each C3 is unique and has experienced great successes through Iowa's SIM grant. Success stories have been developed for each C3 and can be viewed here: [C3 Award Year 3 Success Stories](#).

## Iowa SIM Healthcare Innovation and Visioning Roundtable Recommendations

The purpose of the **Iowa SIM Healthcare Innovation and Visioning Roundtable** is to engage leaders around the state to develop consensus and transform how the healthcare system operates to best serve the needs of all Iowans. The group will identify and prioritize elements necessary for reform, such as specific payment models, infrastructure support and policy, and regulatory shifts necessary to fuel progress. The Roundtable has developed recommendations regarding necessary steps to implement reform for Iowans that is both cost-effective and improves the health of our citizens.

- ✓ The recommendations can be accessed here: [Recommendations on Improving the Health of Iowans from the Healthcare Innovation and Visioning Roundtable](#).



## Iowa Health Insurance Marketplace

Open enrollment for Iowa's Health Insurance Marketplace begins **November 1, 2018** and ends **December 15, 2018** for Iowans purchasing or changing their Affordable Care Act (ACA) individual health coverage. The coverage would become effective January 1, 2019. During open enrollment, Iowans may call 1-800-318-2596 or visit [healthcare.gov](http://healthcare.gov) for information regarding enrollment and to calculate applicable tax credits.

**Coverage is effective January 1, 2019. Call 1-800-318-2596 for information.**

- ✓ Iowans can begin researching options now at <https://data.iowa.gov/Health/Sample-2019-Iowa-Individual-Affordable-Care-Act-Co/smvn-ctjb/data>.
- ✓ Medica and Wellmark will be offering ACA-compliant individual health insurance plans to Iowans statewide for plan year 2019.
- ✓ Changes in federal and state regulation are opening options for Iowans to find health coverage through a Multiple Employer Welfare Arrangement (MEWA), an Association Health Plan (AHP), or a health benefit plan sponsored by a non-profit agricultural organization.

Sign up for health insurance at [healthcare.gov](http://healthcare.gov)

Dates you need to know:



**November 1, 2018**  
First day to enroll for coverage that starts January 1, 2019



**December 15, 2018**  
Last day to enroll for coverage that starts January 1, 2019



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## IDPH Receives Suicide Prevention Grant

IDPH has been awarded \$3.5 million over five years to implement the “Zero Suicide” model across Iowa. The purpose of this program is to implement suicide prevention and intervention programs that are designed to raise awareness of suicide, establish referral processes, and improve care and outcomes for individuals who are at risk of suicide. For more information, visit <http://idph.iowa.gov/News/ArtMID/646/ArticleID/158237/IDPH-Receives-35-Million-Suicide-Prevention-Grant-10918>.

*Suicide is the second leading cause of death for Iowans ages 15 through 34, and the ninth leading cause of death overall in Iowa. 433 Iowans died by suicide in 2017.*



## Federal News

### Senate Passes Opioid Bill

The Senate passed a sweeping opioids’ package that it will now send to President Trump, one of the most significant bipartisan achievements from Washington prior to the midterms. Click [here](#) for more information.

### CMS Proposes to Require Manufacturers to Disclose Drug Prices in Television Ads

HHS Secretary Azar recently announced a new policy to expand on the administration’s commitment on bringing transparency to the prescription drug price market. The [proposed rule](#) is an effort to empower patients and lower prescription drug prices, and would require that prescription drug manufacturers post the Wholesale Acquisition Cost in direct-to-consumer television advertisements for drugs covered by Medicare or Medicaid. For more information, view the [press release](#) and [policy brief](#).



## Social Determinants of Health – Geographic Mobility Tools

### The Opportunity Atlas

Researchers at the Census Bureau, Harvard University, and Brown University have recently identified certain characteristics about where people grow up that predict higher incomes later in life – neighborhood effects. The researchers recently released [The Opportunity Atlas](#), an interactive map that allows users to see which neighborhoods offer children the best chance at a better life than their parents.

### Neighborhood Atlas

The [Neighborhood Atlas](#) allows for rankings of neighborhoods by socioeconomic status disadvantage in a region of interest (e.g., at the state or national level). It includes factors for the theoretical domains of income, education, employment, and housing quality. It can be used to inform health delivery and policy, especially for the most disadvantaged neighborhood groups.

*The neighborhood you grew up in can affect your income later in life. Use these tools to offer children the best chance at a better life than their parents.*



## Contact Information

For more information on the work of IDPH’s Office of Health Care Transformation, visit <http://idph.iowa.gov/ohct>

