IOWA GAMBLING TREATMENT PRORGRAM

NEED HELP?
CALL NOW.

1-800-BETS-OFF

1800BETSOFF.ORG

IDPH
Iowa Department of Public Health

HAS YOUR GAMBLING BECOME A PROBLEM?

CHECK THE BOXES THAT APPLY TO YOU.

- ☐ During the past 12 months, have you become restless, irritable or anxious when trying to stop/cut down on gambling?
- ☐ During the past 12 months, have you tried to keep your family or friends from knowing how much you gambled?
- ☐ During the past 12 months, did you have such financial trouble that you had to get help from family or friends?

IF YOU CHECKED ONE OR MORE BOXES, PLEASE CALL 1-800-BETS-OFF OR VISIT 1800BETSOFF.ORG FOR MORE INFORMATION.

Gebauer, L., LaBrie, R., & Shaffer, H. J. (2010). Optimizing DSM-IV-TR classification accuracy: a brief biosocial screen for detecting current gambling disorders among gamblers in the general household population. Canadian Journal of Psychiatry. Revue Canadienne de Psychiatrie, 55(2), 82–90.

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