



Progeny Newsletter

June 2022

Upcoming Education



IMQCC Electronic Fetal Monitoring Education Series

Third Wednesday of each month
4-5PM CT

CE is provided through Iowa AWHONN

All are invited, please share the link
<https://uiowa.zoom.us/j/95461796378?pwd=VXdBZndHNW9SWUxQcVR4Nk0vWnREdz09&from=addon>



The S.T.A.B.L.E. Cardiac Module



THE S.T.A.B.L.E.® Program

Cardiac Module

Thursday July 7, 2022
0800-1100

Bell Conference Room/ZOOM

Instructor: Becky Chuffo-Davila, DNP, NNP-BC

For details, contact: Mandy Karstens at UI Stead Family Children's Hospital, amanda-karstens@uiowa.edu

Navigating the Baby Formula Shortage

On May 27, 2022, the American Academy of Pediatrics (AAP) published some timely information for families in their series *Ask the Pediatrician*. Author Dr. Steven Abrams, MD, FAAP, a board-certified pediatrician and a Professor of Pediatrics at the University of Texas in Austin answers the question, [With the baby formula shortage, what should I do if I can't find any?](#) Dr.



Abrams gives advice to parents on finding baby formula during the shortage and safe alternatives for families to consider if they absolutely can't find any. He answers questions related to substituting formulas, diluting formula (to stretch supply) and making homemade formula. Baby formula should never be diluted. Adding extra water can dilute the levels of protein and minerals, and it can lead to hyponatremia and other dangerous electrolyte imbalances. The AAP *does not* recommend using homemade baby formula, as this practice poses many risks to the infant, including contamination and unsafe nutrient concentration. Please caution families against making their own formula. For most full term babies, it is *safe* to substitute or switch to another formula, including store brands. If baby doesn't like the taste or has a hard time tolerating a different formula, Dr. Abrams suggests gradually introducing small amounts of the new formula mixed with the usual formula. Then, slowly increase the amounts of new formula. Some formulas have no substitute, including specific amino acid-based (hypoallergenic) and extensively hydrolyzed (predigested) formulas. Families should talk to their pediatrician about safe, comparable specialty formulas. Other topics addressed in this article include introducing solid foods, breast milk sharing, premature formulas, cow's milk, goat's milk and plant-based milk alternatives. Families are encouraged to contact their pediatrician or newborn provider with any concerns related to infant feeding and nutrition.

The Iowa Department of Public Health and Human Services (HHS) has created an [informational tip sheet](#) to help parents who are trying to find infant formula, and it is available in [Spanish](#). Several state and community resources are available to help families with the cost of buying formula:

- Iowa's Women, Infants, and Children (WIC). To find your local WIC clinic, visit <https://www.signupwic.com/>. WIC enrolled families who need assistance finding formula should contact their local WIC clinic. If they are unable to contact their community clinic, families can call the state of Iowa WIC office: 1-800-532-1579.
- Supplemental Nutrition Assistance Program (SNAP). To apply for SNAP, families can visit <https://dhs.iowa.gov/how-to-apply>.
- The Family Investment Program (FIP) may be able to help with the cost of buying formula. To see if they are eligible for FIP, families can visit <https://dhs.iowa.gov/how-to-apply>.

A group of newborn providers, nursing leaders, lactation counselors and dieticians at the University of Iowa Stead Family Children's Hospital (UISFCH) recently collaborated to create two patient education handouts to help guide staff and



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9th Annual Neonatal Care Conference: Unusual Conditions in the NICU

July 20, 2022

Conference Location:
UnityPoint Health Des Moines
ERC: Kelley Conference Center
Des Moines, IA 50309

[IANN Conference Brochure 2022](#)



SAVE THE DATE

Cooperative Caregiving: Maternal and Newborn Essentials Conference

Tuesday, September 27, 2022

Register or learn more at blankchildrens.org/classes.

For additional information, contact Jessica Dinh at jessica.dinh@unitypoint.org or (515) 241-3537.



families during the formula shortage. These documents are available to the public on the UI Health Care website: [Navigating the Formula Shortage \(UISFCH\)](#) and [Formula Equivalents Guide 2022 \(UISFCH\)](#). Both resources are available in [Spanish](#). Please feel free to share these handouts with your staff and families.

For more information, contact Penny Smith, RNC-NIC, BSN, penny-smith@uiowa.edu.

IMQCC Updates

The Cesarean Collaborative will conclude our work on the Safe Reduction of Cesarean Births at the end of September. This has been a fun and interesting first collaborative. There are spots open for upcoming Spinning Babies courses. The upcoming dates are Thursday, June 16 – Waterloo, Friday, June 17 – Waverly, Saturday, July 9 – Mary Greeley, Wednesday, September 21 – Cedar Rapids (UPH). Please contact Nicole Anderson at nicole-anderson@uiowa.edu for registration information.

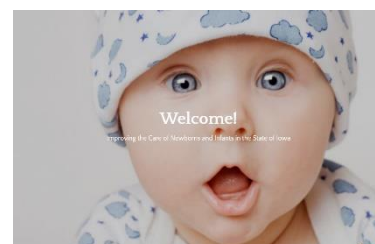


The Iowa AIM Obstetric Hemorrhage Learning Session 1 is scheduled on October 11, 2022. This will be an all-day in-person meeting at the Marriott in West Des Moines (unless there is another COVID surge). Facilities that are not currently enrolled in the collaborative and would like more information about AIM and the upcoming collaborative are encouraged to reach out to Dr. Radke, stephanie-radke@uiowa.edu, Stephanie Trusty, stephanie.trusty@idph.iowa.gov, Kristal Graves, Kristal-graves@uiowa.edu, Nicole Anderson, or Amy Dunbar, amy-brandt@uiowa.edu.

The Iowa Statewide Obstetric Mobile Simulation Team is beginning to facilitate teams with their in-situ simulations. We have held trainings virtually and in person! The team is currently working on a travel schedule. Similar to the Perinatal Program visits we will contact facilities to arrange a simulation date. We will likely offer another Train-the-Trainer program this fall for facility leaders who have not attended one of our past sessions. More information to come! We hope to see you soon. Check out the [IMQCC website](#) for additional information!

Updates from Iowa Neonatal Quality Collaborative (INQC)

INQC welcomes two new hospital participants: MercyOne in Dubuque and St. Anthony Regional Hospital in Carroll. Twenty-three Iowa birthing hospitals are currently engaged in the collaborative. Hospital teams continue to collect data for the **NAS QI project** and a leadership team was assembled to begin work on the **Late Preterm QI**. The NE Registry Oversight Committee met on April 6, 2022, to define the specific aims of the registry and discuss plans for building the registry. The group welcomed Dr. Theresa Czech, a pediatric neurologist at UISFCH who evaluates most of the NICU babies with neurologic issues. Representatives from the four cooling centers in Iowa reported on their current cooling practices





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SAVE THE DATE

Children's & Women's Services
Fall Nursing Conference

Including neonatal, pediatric, obstetric, and gynecology content

Location: University of Iowa Medical, Education, and Research Facility, virtual attendance also available

Tuesday, October 18, 2022



Changing Medicine. Changing Kids' Lives.®



Conference details to be released summer 2022

Respectful Maternity Care Toolkit

NEW!



Respectful Maternity Care

- Respectful Maternity Care Implementation Toolkit
- Respectful Maternity Care Evidence-Based Clinical Practice Guideline

Supported by 

[Learn More >](#)

[Respectful Maternity Care Implementation Toolkit - AWHONN](#)



Interested in certification?

Learn more at:

[National Certification Corporation](#)

[\(nccwebsite.org\)](#)

[EFM Tracing Game \(ncc-efm.org\)](#)

and anticipated changes to their practice. Moving forward: Dr. Stephanie Lee will develop a baseline charter document, then the group will solidify the exact data points that we will collect in the NE registry. Long-term focus of the NE registry and the **HIE QI project** will be improving outcomes. The short-term focus will be on improving care during transfer and the process for cooling. For more information about the ongoing quality improvement work, visit the [INQC website](#).

At the last full collaborative meeting on April 27, 2022, Stephanie Trusty from IDPH addressed the group regarding a CDC grant opportunity that will support the development of a statewide perinatal quality collaborative. CDC will fund 22 states and IDPH believes that Iowa is positioned well to receive this grant. In many states, maternal and newborn collaboratives are combined, two groups that function under one PQC umbrella. They often have separate leaders and may have different QI projects; and sometimes they work together on the same project. Historically, PQC's work very well when funding supports quality improvement in the care of **both mothers and babies**. IDPH successfully submitted the grant application to CDC on June 3, 2022. The INQC Board of Directors is collaborating with leaders from IMQCC and IDPH to explore the possibility of a merger to form one statewide collaborative, the Iowa Perinatal Quality Collaborative (IPQC). Stay tuned for more information on this exciting opportunity for Iowa!

If your hospital is not currently engaged in the collaborative and you would like more information, please contact Penny Smith, RNC-NIC, penny-smith@uiowa.edu or Dennis Rosenblum, MD, dennis.rosenblum@unitypoint.org.

NEW!



AWHONN STAFFING STANDARDS

Standards for Professional Registered Nurse Staffing for Perinatal Units

[Learn More >](#)

UPDATED in 2022: AWHONN's Staffing Standards

For more information, visit [AWHONN](#).

**The Statewide Perinatal Program is funded by the Iowa Department of Public Health.*