

# SUMMARY OF IOWA'S 2023-2027 STATE HEALTH IMPROVEMENT PLAN



## OVERVIEW

The 2023-2027 State Health Improvement Plan (SHIP), focuses on three main priorities: Strengthening Relationships, Access to Care: Behavioral Health and Healthy Eating & Active Living. These priorities were chosen by the Healthy Iowans Steering Committee after an in-depth review of Iowa's 2021-2022 State Health Assessment (SHA) and an evaluation of each priority area's feasibility and potential impact. Through these priority areas, the Healthy Iowans Partnership plans to improve the health of Iowans while working to eliminate long-standing disparities that impact the state's most vulnerable populations. The Healthy Iowans Partnership is dedicated to using data, community voices, and evidence-based strategies to create meaningful solutions for health inequities.

## PHASE ONE 2023

In phase one, the Healthy Iowans Partnership will focus on strengthening relationships. This will include: building workgroups, finalizing a mission and vision statement for the Partnership, creating SMARTIE objectives for each priority area, developing plans of action and more.

## PHASE TWO 2024-2027

In phase two, the Healthy Iowans Partnership (including the workgroups from phase one) will employ their plans of action to actively address Access to Care: Behavioral Health and Healthy Eating & Active Living in Iowa.

## MAIN PRIORITIES AND GOALS\*

### STRENGTHENING RELATIONSHIPS



Goal 1: To build a strong Healthy Iowans Partnership

### ACCESS TO CARE: BEHAVIORAL HEALTH



Goal 1: To improve access to inclusive behavioral health services in Iowa  
Goal 2: To strengthen Iowa's behavioral health system by increasing available resources and capacity  
Goal 3: To reduce behavioral health stigma in Iowa

### HEALTHY EATING & ACTIVE LIVING



Goal 1: To reduce barriers to affordable, nutritious foods for all people in Iowa  
Goal 2: To increase engagement in active living among all people in Iowa

\*Goals are subject to change; the 2023-2027 SHIP is a living document.



### QUESTIONS OR CONCERNS?

Contact us at [healthyiowans@idph.iowa.gov](mailto:healthyiowans@idph.iowa.gov) or scan this QR code with your phone's camera to visit our website.



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