

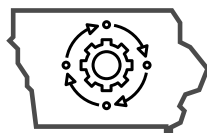
# HEALTHY IOWANS



## Statewide Health Assessment (SHA) & State Health Improvement Plan (SHIP)

### What is it?

Healthy Iowans is a statewide process to identify the most important factors that shape health in Iowa. Then, everyone works together on strategies to improve health for all who live, learn, work, and play here.



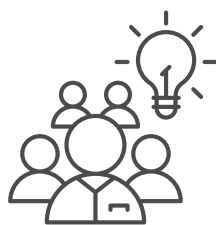
### How is the SHA developed?

The top issues in the SHA stem from an analysis of state health data, comparisons with other states, recommendations from community organizations and individual Iowans, and a review of health inequities in the state.



### How is the SHIP developed?

Final selection of priorities in the SHIP is the responsibility of the Healthy Iowans Partnership Steering Committee. Once priorities are selected, the Healthy Iowans Partnership - as a whole - creates objectives and identifies key indicators to measure progress. Strategies are gathered from organizations throughout Iowa and include current work, as well as new, shared strategies. Still, the SHIP does not document all of the work that is underway to address every health-related issue in Iowa.



### WHY IS IT IMPORTANT?

Healthy Iowans unites and mobilizes organizations to improve health in Iowa and also works to close significant gaps in health equity. The plan is a key component of Iowa's state health accreditation.

### WHO IS INVOLVED?

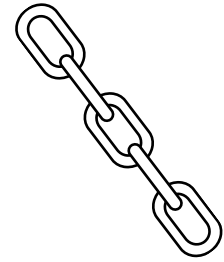
The Healthy Iowans process includes a diverse group of partners. Examples include: individuals, local and statewide governmental agencies, and non-governmental organizations. The system-wide factors included in Healthy Iowans are complex and require time, attention, and teamwork from a variety of sectors.

### WHAT IS THE HEALTHY IOWANS PARTNERSHIP?

The Healthy Iowans Partnership consists of a steering committee, local organizations, and Iowans. Together, the partnership works to address the priorities outlined in the SHA and SHIP.

## Does the SHIP relate to other plans?

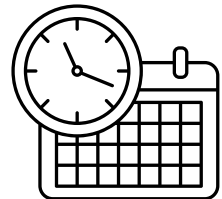
Yes! The federal Healthy People plans play a significant role in the development of Iowa's SHIP. In fact, many of the objectives and strategies in Iowa's SHIPs derive directly from Healthy People plans.



Additionally, all 99 Iowa counties have a similar health assessment and improvement plan process, known as CHA/CHIP. Lastly, the SHIP informs the Iowa Department of Health and Human Services' strategic, workforce development, and performance improvement plans.

## When does it happen?

The Healthy Iowans process occurs on a five year cycle. After the development of the SHA and SHIP, progress is monitored in the priority areas. Any changes in key health indicators are reported on an annual basis in the form of "progress reports."



## How do I get involved?

Healthy Iowans provides an opportunity to collaborate with individuals and organizations that have a common goal of improving the health of Iowans. Here are the ways you can get involved:



Email:

[HealthyIowans@idph.iowa.gov](mailto:HealthyIowans@idph.iowa.gov)

Website:

[idph.iowa.gov/healthy-iowans](http://idph.iowa.gov/healthy-iowans)

Stay informed by subscribing to the Healthy Iowans Newsletter